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Continuing Nursing Education  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

603 641-7086  
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CONTINUING NURSING EDUCATION



Saint Anselm College Continuing  
Nursing Education is accredited  
as a provider of continuing nursing  
education by the American  
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on Accreditation

**Register by:**

**MAIL:** Saint Anselm College  
Continuing Nursing Education  
100 Saint Anselm Drive #1745  
Manchester, NH 03102-1310

**FAX:** 603 641-7089  
VISA or MasterCard required

**PHONE:** 603 641-7086  
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**ONLINE:** www.anselm.edu/cne  
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## What Science Tells Us about Nutrition and Healthy Brains

*Jointly-provided with Lifelong Learning Tours*

**Tuesday, April 30, 2019**

**8:30 am – 3 pm**

Gadbois Hall, Saint Anselm College

Contact Hours: 5 **FREE for Lifelong Learning Tours**

**Faculty: Nancy Emerson Lombardo, PhD,**

President, Brain Health & Wellness Center, Acton, MA, Adjunct Research  
Assistant Professor of Neurology, Boston University School of Medicine.

This program will explore key research findings about brain healthy  
nutrition including which foods are helpful and which foods are  
detrimental to brain health. Discussion includes practical ways to  
initiate changes toward brain healthier nutrition and meals.

Recipes, food samples will be included.

**Please register and mail or fax back to Continuing Nursing Education**

***What Science Tells Us about Nutrition and Healthy Brains***

***Tuesday, April 30, 2019***

NAME (please print clearly, or type) \_\_\_\_\_

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